

JANUARY '87



# FREE WHEELING



REGISTERED BY AUSTRALIA POST  
PUBLICATION NO. VBH 161

# Victorian Four Wheel Drive Club Inc.

## COMMITTEE 1986 - 1987

PRES	David Heard 16 Hardy St, Selby 3159 754 8406	VICE PRES	Pat Casey 11 Patterson St Carnegie 3160 570 6452	SEC	Mark Templeton 55 Martin st Belgrave 3160 754 3667	} AS FROM 30/01/87
TREAS	Rob Aylton 8 Minerva Cres Vermont 3113 232 0376	ASS SEC	Tom Brachna 11 Sunnyvale Crt Hampton Park 3976 799 1998	SOC	Gloria Templeton 55 Martin st Belgrave 3160 754 3667.	
COMMITTEE	Steve Alder 5 Corramar Cres Belgrave 3160 754 7294		Murray Shaw 53 Liverpool Rd Kilsyth 3137 725 4077		Brian Tuck 9 Peterfields Crt Ine Basin 3153 762 9981	
ASSOCIATION DELEGATES	Ricky Rycken 798 8506		Peter Pink 762 7434		Tom Brachna 799 1998	

### TRIP CLASSIFICATIONS:

'A' Grade: Extensive use of 4 WD. Tracks may be difficult to negotiate chains should be carried along with towing slings and anchor points, good winter tread pattern tyres are a must. Trip leader has the right to refuse a vehicle if above points are not met. Types of conditions likely to be met include: steep climbs and descents on all surfaces - rocky, muddy, mud & snow, deep river crossing and overgrown tracks.  
Max. 6 Vehicles

'B' Grade: Virtually same conditions as 'A' Grade but track condition is more favourable, good tyres are a must as well as necessary recovery gear.  
Max. 10 Vehicles

'C' Grade: Very limited use of 4 wd. These trips include car rallies etc. Type of tyres does not matter and recovery gear still essential.  
No Max Vehicles.

In all above cases vehicles should be in sound mechanical condition and carry the basic spare part requirement as listed in previous Newsletters.

The Committee would like to express the fact that if in the opinion of the trip leader a vehicle is not suitable for a trip, then that vehicle may be refused permission to partake.

Newsletter items to Mark Templeton by General Meetings at the latest.

MEETINGS LAST TUESDAY OF THE  
MONTH AT THE DANDENONG LIBRARY

CORRESPONDENCE  
P.O. BOX 778  
DANDENONG VIC 3175

PLEASE TRY TO SUPPORT OUR SPONSORS AS THEY ARE SUPPORTING US!!!!!!

## PRESIDENT'S REPORT JANUARY 1987

Happy new year and good luck for 1987.

To start the new year off Peter Rowe will be leading a trip to the Woods Point area on Australia Day weekend. The club hasn't visited this area for a while now, there is plenty of good four wheel driving and excellent scenery so don't miss out, ring Peter if you are interested as there won't be a meeting prior to the trip. More details can be found further in the magazine.

Rembrandts proved to be a most enjoyable evening and all those who went along had a good time and ate well; as did the members who came to Bimbimbi for our Children's Christmas picnic. This time Santa was assisted by two clowns who probably had second thoughts about having children of their own. Thanks very much to all those who helped make a great day.

See you at the meeting

DAVID HEARD  
PRESIDENT

## FOUR WHEEL DRIVE INSURANCE

THE ORIGINAL 4WD INSURANCE SCHEME, PROVIDING SERVICE TO THE FOUR WHEEL DRIVER SINCE 1979. OUR POLICY INCLUDES FULL "OFF ROAD" COVER ANYWHERE IN AUSTRALIA.

PROMPT CLAIMS HANDLING PROCEDURES WITH YOUR CHOICE OF REPAIRER.

### CHECK OUR FEATURES:

- A free windscreen cover.
- Vehicle spares, accessories and tools automatically included in vehicle cover.
- CB radios automatically included to \$500.  
(Higher limits can be arranged).
- Cover for trailer to \$250.
- Modifications allowed.
- Camping equipment cover available.

**LOVE & HUGHES PTY. LTD.**

INSURANCE BROKERS

261 LOWER HEIDELBERG ROAD, EAST IVANHOE

Telephone: (03) 497 4666 Telex: AA38947



All other classes of Domestic, Commercial & Industrial Insurances arranged.

Members of National Insurance Brokers Association of Australia Ltd. (Inc. in Vic.)

## FOOD PLANING

One can survive satisfactorily during short trips on make-shift meals, however when on long 4WD trips are contemplated, careful food planning is essential to ensure nutritious, interesting and attractive meals.

## CONSIDERATIONS

1. Duration of the trip.
2. Number of persons.
3. Number of meals ( breakfasts, lunches, dinners, snacks ).
4. Climate.
5. How many days travelling between food stores.
6. Where and what type of water is available. Number of water containers required. REMEMBER it is inadvisable to mix water from different sources.
7. Tinned food is heavy, dehydrated food is light, but requires water.
8. Pack packet foods in air-tight water-proof containers.

## FOOD PRESERVATION

Battery Operated Refrigerators:

These can also be operated on 240 volts A.C. However, this power supply is only available from a genny or a powered site in a caravan parks. Therefore, when travelling in the out-back you will be relying on your battery to operate your refrigerator.

Remember batteries not being continually re-charged will flatten and the temperature will rise inside the refrigerator.

Frozen food must be kept below -18 Celcius; otherwise micro-organisms will grow and food poisoning will result. Common types are Salmonellae, Clostridium, Welchii and Staphylococci. To suffer from food poisoning while travelling in a hot bumpy four wheel drive remote from medical attention is a sure way of ruining your holiday.

REMEMBER IT IS NOT SUFFICIENT TO KEEP FOOD FROZEN AT 0 CELCIUS.  
IT IS ESSENTIAL IT REMAINS BELOW -18 CELCIUS.

If frozen food commences to thaw, cook immediately NEVER RE-FREEZE.  
Before stocking your refrigerator with frozenfood, check your battery can keep this constant temperature 24 hours a day.  
It's advisable to use it as a REFRIGERATOR NOT A DEEP-FREEZE.

Methods of obtaining maximum efficiency from your refrigerator.

1. Place in coolest position in vehicle.
2. Ensure adequate ventilation of condensor.
3. Cover with damp cloth or towel, ensuring air vents are left free.  
Evapouration of moisture aids cooling
4. Park in the shade whenever possible.

## CONT. . . . FOOD REPORT

### 2. Gas Refrigerators.

1. Check on supply of gas.
2. Carry an adequate fire extinguisher in a accessible place.
3. Place in vehicle away from petrol particularly jerry-cans.
4. Always extinguish the flame when refuelling.

### 3. Ice Boxes.

1. Dry ice is efficient but be careful not to burn your hands.
2. Place in the coldest position in vehicle.
3. Remove from hot vehicle at night.

## MEATS

Some cuts of meat deteriorate quicker than others e.g. mince meat, sausage meat, pork, veal, poultry. Use these cuts during the first few days. Meat keeps better if carried in a piece and slices cut off as required.

Best keeping cuts;

Lamb - chops.

Salted meat - corned beef, ham.

Beef - steaks.

Salami and smoked sausages.

Substitutes for fresh meat.

Supermarkets and health food shops carry a large range.

Tinned; ham, corn-beef, camp pie, savoury pies, poultry, fish. Sanitarian Health Foods can be used with salads or in casseroles and curries to add variety to the menu. e.g. nut-meat, nutolene soya loaf, salad loaf.

Dehydrated; Rosella produces nine different varieties of meat and fish meals. e.g. Sweet & sour Chicken, Savoury Mince, and Prawn Curry, Vitamin B12 and Textured Vegetable Protein, (TVP) which is also available in various flavours for variety.

Freeze Dried Foods; Mountian House produces an interesting range. e.g. Tuna a la neptune.

Dairy Produce; Eggs will keep unrefrigerated. Pack in double egg containers and wrap individually and place in plastic ice-cream containers. Dried eggs are available.

Margarine keeps better than butter and also spreads more economically.

Cheese - processed and hard cheeses can be kept unrefrigerated - prevent drying, wrap in foil.

## CONT. . . FOOD REPORT

Milk; packet milk will only keep refrigerated for a few days. Substitutes for fresh milk - powdered - full cream or non fat, evaporated, sweetened condensed (tin or tube), UHT which is homogenised sterilised milk produced by Tongala in 4 litre cans.

Cream; Fresh will only keep refrigerated a few days - substituted - tins.

### Fruit and Vegetables.

Fresh fruit; Soft varieties bruise and deteriorate quickly; pack carefully and use first. Apples carry well but pack to avoid bruising. Citrus fruits carry well and when chilled quench thirst during long hot dusty drives.

### Substitutes for Fresh Fruit.

Dried Fruits; Apples, apricots, pears, peaches are available. Eat without further preparation or soak in water and stew. Sultanas, raisins, currants, dates and nuts add variety to meals and are useful snacks.

Tinned; A large variety is available at all food shops.

## FRESH VEGETABLES:

Lettuce and celery deteriorate quickly. Carrots, parsnips, small pumpkins, zucchini and cucumbers, peas & beans will last longer. Wrap in newspaper. In some climates they will sweat in plastic. Tomatoes will carry but purchase at various degrees of ripeness. Potatoes & onions do not deteriorate.

## SOME SUGGESTIONS FOR FOOD PREPARATION AND PACKING FOR 4WD CAMPING TRIPS

## UNREFRIGERATED FOOD

MARGARINE - For long trip, decant from container into screw top plastic jar where it can melt, harden, but not leak.

CHEESE - Kraft processed. Unprocessed cheeses must be refrigerated.

EGGS - Leave in container and store egg-cup side down onto something soft and flat e.g. Weetbix packet. Eggs should be carried in the centre of the vehicle, between the axles, to prevent cracking.

POTATOES - Pontiac variety, best for travelling, store in paper bag.

ONIONS - Keep well stored in paper bag.

TOMATOES - Select yellow to orange colour and wrap separately in tissue paper, then into paper bag, will ripen gradually and keep for 3 weeks unrefrigerated.

## CONT... FOOD REPORT

PUMPKIN - Small whole butternut is best.

CAPSICUM - Wrap in newspaper

CABBAGE - Wrap in newspaper (Good substitute for Lettuce)

CARROTS - Wrap in newspaper

LETTUCE - Wrap in newspaper (Will not keep as long as cabbage)

CELERY - Wrap in newspaper

PEAS/BEANS - Are best dried. Soak in cold water first to minimise fuel usage, after cooking use left over water to make up "DEB" potato.

"DEB" POTATO - Should always be carried as it is easyn to prepare if it is raining.

FRUIT JUICE - Long life packets or "Refrigerate after opening" types are best. Remember a screw top container may be useful to decant partially empty bottles.

APPLES - Granny Smith keep best.

ORANGES - Keep well-always use softer fruits first.

DRIED FOODS - Keep well, but remember some complete meals use a lot of water.

"LONG LIFE" - Packets of milk, cream, custard and fruit juices. These can be frozen at home to use as the freezing agent in styrene cold box. For long trips care must be taken in packing, as shafting will be a problem. The left over cardboard wine cask box will pack 2 X 1 litre, 2 X ½ litre and 3 X 250 gms packes safe from chafing.

CASSEROLES - Made at home and frozen in margarine containers, will hold frozen for 2-3 days in a styrene box. 1 container full is plenty for two people, with some vegetable cooked separately. The container is easy to dispose of, in the fire, after all cooking is completed - be careful not to inhale fumes.

BREAKFAST CEREAL - Vita Brits or Weethix can easily be kept for long or short trips.

## REFRIGERATED FOOD.

MEAT - Choose meat with no bones or very little bones, so as not to waste too much valuable fridge space. Always wrap into two plastic bags to avoid the leaking mess meat tends to make.

## CONT... FOOD REPORT

MILK - When Long Life or other are opened, decant into screw top plastic bottle(s). Never have any opened packets in the fridge as they will always leak. Select plastic containers for size and shape, so they will fit into the fridge - TUPPERWARE ARE GOOD. NEVER carry glass jars and bottles. They may break and are heavy - this includes tomato sauce, coffee, jam, vegemite and sauces.

### GENERAL HINTS.

JAFFLE IRON - A " Jaffle Iron" is essential. It can be used for any meal and is handy if it is raining. For egg and bacon jaffle, size 50 eggs is best as the larger eggs spill out. On long trips, when bread is one week old, jaffles can be made in the morning, preferably chesse, meat, baked beans and wrapped in foil or "Glad". Eat cold for lunch. In hot weather this beats the mould starting.

CAKE - The best keeping cakes are fruit or slices, not cream cakes or butter cakes.

ALFOIL - Heavy duty is best for campfire cooking and will stand being re-used.

Chopping Board, Tongs, Wooden Spoon, Oven Mitt, are useful items.

Matches should be carried in different places throughout the vehicle in case one box gets wets.

Two buckets carry as easily as one and are easier to obtain water from a river - a billy can be packed inside the buckets.

Substitutes for Fresh Vegetables.

Tinned; potatoes, carrots, corn, beetroot ect., also tinned salads are available.

Dehydrated; potatoes, onions, carrots, peas, beans and corn.

### SOUPS.

Useful for a main meal or quick snacks particularly in cold weather. There are many varieties to choose from in tins, packets or tubes.

### BREAD.

Wrap in several layers of butthers' paper, cloth or tea towels. In some climates it will sweat & mould will grow if wrapped in plastic or foil. Least stale bread or make jaffles.

Substitutes for bread; Biscuits - Vita Wheat, Sesa Wheat ect. Pancakes & scones can be made in a frying pan or camp oven.

Damper can be cooked in the coals of the camp fire.

## CONT... FOOD REPORT

### SWEETS.

A large variety of tinned food is available e.g. tinned fruit, creamed rice, custards, plum pudding ect.

Jellies & mousses can be quickly made & refrigerated. This type of cool, light food is pleasant in hot conditions.

### CAKES & COOKIES.

Sponge type of cakes deteriorate quickly, therefore use first. Icing will sweat in a plastic container and chocolate will melt in hot conditions. Cookies, fruit cake, ginger-bread and nut & date loaf will keep well packed in airtight containers. There is a variety of commercially produced cookies and biscuits available, choose the more durable packets.

### BEVERAGES.

Coffee, tea, tea bags (if not packed carefully will disintegrate during rough trips). Fruit juices, large variety available. Cordial, Tang, Refresh, Fruit Saline are useful to disguise different tasting water. Cans - lemonade and "Those Tinnies".

REMEMBER a large quantity of fluid is required when travelling in hot, dry dusty conditions.

### EXTRAS.

Always carry flour, sugar, rice, spaghetti or noodles. Herbs, spices, sauces, mustard and curry help create a tasty meal from uninteresting tinned food.

Well planned meals are as important as a well prepared vehicle to ensure a successful trip.

TAKEN FROM YARRA VALLEY 4 WHEEL DRIVE CLUBS "VALLEY TRACKS"

# ANDERSON'S TOYOTA

THE BRAND-NEW LEGEND

BET YOUR LIFE

IT'S A LAND CRUISER

see: **PAUL JOHNSTON**

\* sales

\* service

\* parts

\* accessories

**560 9911**

**560 9222**

**Andersons  
TOYOTA**

Corner Springvale  
& Waverley Rds.  
Glen Waverley. 3150.

**We know ATOYOT backwards**

**LMCT 104**

## FOOD POISONING

### CIGUATERA

Ciguatera is a type of food poisoning that results from eating certain tropical fish, which are usually quite eatable, but which have become toxic.

It occurs throughout the Caribbean, Indian ocean and the Pacific Basin. Outbreaks in Australia have occurred in Queensland (Cairns to Mackay, Rockhampton and around Fraser Island) and in the Northern Territory around Gove Peninsula. Outbreaks are sporadic and unpredictable, but have often occurred after the disturbance of coral reefs by man-made or natural causes: eg. Big Storms.

The Ciguatoxin is produced by a small plant on the base of the food chain on the coral reefs. This plant usually adheres to dead coral and bottom-associated algae. Herbivorous fish species, which feed on the Algae and coral, ingest the organism and its toxin, and the toxin becomes concentrated in large carnivores by way of the marine food chain. Thus a large number of fish can be affected by the toxin. The fish commonly associated with outbreaks of Ciguatera are -- Spanish Mackerel, Mackerel, Coral Trout, Barracuda and many others.

Symptoms of Ciguatera Poisoning usually develop within five hours of eating the affected fish. The first symptoms to appear are tingling and numbness around the lips, tongue and on the hands and feet. Also a reversal of temperature sensation often develops -- so that hot drinks feel cold (could lead to burn injury) or skin feels hot on contact with cold water. Some people complain that their teeth are painful and loose in their sockets. These symptoms of sensory disturbance can last for several days or more.

Nausea occurs early and is quickly followed by vomiting (this may remove some toxic food), watery diarrhoea and abdominal pain. These symptoms usually settle in 24 hours. Often more general disturbances can persist for weeks or months in severe cases -- eg. Loss of energy, painful joints, painful muscles, muscle weakness, headache and itch. These symptoms often fluctuate in intensity. Fatalities are rare, and only one case has been reported in Australia.

## CONT... FOOD POISONING

An initial intoxication does not confer immunity, in fact reports of sensitization to the toxin are common - eg; Often very rapid onset of symptoms with second episode of poisoning, or after eating fish that did not affect other people.

The consumption of alcohol seems to aggravate the severity of the initial illness, and can cause a reoccurrence of Ciguatera Symptoms in nearly a third of the victims.

Treatment of Ciguatera remains symptomatic and supportive. Medical assessment should be sought as hospitalization may be required. Alcohol and fish should be avoided - usually for weeks. At present there is no specific treatment.

Prevention is difficult, as usually the fish involved still looks, smells, and tastes delicious. A friend of mine on a recent trip to Cape York sustained Ciguatera Poisoning, and he was told that putting your fingers in a toxin affected fish could cause your fingers to go tingling or numb -- feed some fish to your cat like some remote islanders apparently do to test the fish.

### SCOMBROID OR HISTAMINE FISH POISONING.

Often results from eating taylor or tuna fish that has been stored with inadequate refrigeration. It differs from Ciguatera in that it produces a rapid onset of flushing, seating and oral burning (like hot peppery taste). Associated nausea, vomiting and diarrhoea. Good recovery is achieved by administration of antihistamine agents.

PATRICK CASEY.

WELCOME TO ALL MEMBERS TO THE NEW YEAR

1987

\*\*\*\*\*

HOPE YOU ALL HAD A SAFE AND HAPPY  
CHRISTMAS AND A RELAXING BREAK.

LETS ALL PITCH IN THIS YEAR, SO THAT WE  
CAN HAVE A GREAT YEAR IN OUR FOUR WHEEL  
DRIVE CLUB. IF YOU HAVE A SUGGESTION  
ON WHERE YOU WOULD LIKE TO GO FOR AN  
OUTING, THAT IS, EITHER FOUR WHEEL  
DRIVING OR A NIGHT OUT, PLEASE STEP DOWN  
AND LET US KNOW.

WE WANT A GOOD YEAR - LOTS OF TRIPS,  
LOTS OF OUTINGS AND A LOT MORE  
PARTICIPATION FROM MEMBERS AT CLUB  
MEETINGS.

THIS IS YOUR CLUB. WHAT DO YOU WANT IN  
YOUR CLUB????????????? MAKE  
SUGGESTIONS!!!!!!

ANY OUTINGS OR TRIPS THAT YOU MAY PREFER  
TO DO, ALL IT TAKES IS ONE PHONE CALL  
TO ANY PERSON IN THE COMMITTEE AND WE  
WILL FOLLOW IT THROUGH, AND BRING IT UP  
AT OUR CLUB MEETINGS.

VICTORIAN FOUR WHEEL DRIVE CLUB ALL  
THE WAY FOR 1987.

SOCIAL SECRETARY

VICTORIAN FOUR WHEEL DRIVE CLUB  
TRIP DATA.

=====

DESTINATION :	AUSTRALIA DAY LONG WEEK-END. WOODS POINT AREA
TRIP LEADER :	PETER ROWE
PHONE NUMBER :	703 2346 AFTER 4 pm.
DEPARTURE DATE :	24-1-1987
DEPARTURE TIME :	7.00 am.
DEPARTURE POINT :	IN FRONT OF AMPOL SERVICE STATION COLDSTREAM
FUEL REQUIRED :	FULL TANKS EX. MARYSVILLE
LAST FUEL AVAILABLE :	MARYSVILLE
MAPS REQUIRED :	TAGGERTY, JAMIESON, JULIET, MATLOCK.
GRADE :	A + B
DURATION :	3 DAYS
BASE CAMP :	NO
NATIONAL PARKS :	NO
ROUTE VIA :	HEALESVILLE, MARYSVILLE, MATLOCK, WOODSPOINT.
ACTIVITIES :	4 WHEEL DRIVING, FISHING, SIGHT SEEING
SPECIAL CONDITIONS :	BRING CAMERA, FISHING GEAR, FULL RECOVERY GEAR, PLUS 2 JERRY CANS IF NO LONG RANGE TANKS FITTED

=====

FFFF	000	RRR	SSS	AAA	L	EEE
FFF	000	RRR	SSS	AAA	LL	EEE
FF	000	RR	SSS	AAA	LLL	EEE
F	000	R	SSS	A A		EEE

=====

SET OF 5 LAND ROVER RIMS  
WILL SUIT RANGE ROVER  
4 WITH JEEP SERVICE RETREADS  
1 WITH ROAD TRACK MAJOR  
\$300.00 ONO  
RING ROB AYTON 232 0378

-----

CAMPERTRAILER 7' X 5' VERY LIGHT  
IMPORTED MODEL WITH 8' ANNEXE  
\$1200.00 ONO  
SEE ROB AYTON  
OR RING 052 431 701

-----

TOYOTA 1F RADIATOR \$100.00  
CUSTOM BUILT BOSCH ELEC.  
DISTRIBUTER TO SUIT 6 CYL  
TOYOTA 1F OR 2F MOTOR \$150.00  
RING ROD LEE 059 427 227

-----

VICTORIAN FOUR WHEEL DRIVE CLUB  
TRIP DATA.

=====

DESTINATION :

TRIP LEADER :

PHONE NUMBER :

DEPARTURE DATE :

DEPARTURE TIME:

DEPARTURE POINT:

FUEL REQUIRED :

LAST FUEL AVAILABLE:

MAPS REQUIRED :

GRADE :        A    B    C

DURATION :

BASE CAMP :        YES    NO

NATIONAL PARKS :   YES    NO

ROUTE VIA :

ACTIVITIES :

SPECIAL CONDITIONS :

PLEASE RETURN TO COMMITTEE 4 WEEKS PRIOR TO TRIP (TO ALLOW PUBLICATION)

## KAKADU NATIONAL PARK TRIP =====

Report By: Tom Brachna

When we left off, we were feeling our best at the South Aligator Motor Inn. The dreaded Northern Tourist Bug had firmly embeded its presence among our gang. Some were affected more than others which was evident by the amount of mid section re coils per person. But by the end of our stay we seemend to have recovered to a certain extent. The highlight of the stay at South Aligator was created by the youngest member of the tribe. Little David West made a firm deposit next to the swimming pool, much to the embarassment of his parents. Bryan sitting in the spa at the time, watched the procedure closely and found the show so amusing, that he created a warm spot in the pool.

The evening's entertainment was provided by a "JOE BLAKE" trying to find a warm bed for the night, which happened to be one of the tents. A touch of target practice with the shovel and the snake outlets were repositioned in the woods.

After South Aligator we headed toward Darwin making a few fuel stops, etc. on our way. Our one major stop was at the "croc farm" where many a toothy beast was to be found, 2,000 to be procise but luckily they were all behind bars. After the viewing we had lunch in the restaurant and proceded to Darwin where we found a reasonable caravan park to stay in. The next few days were spent fitting "Chimneys" shopping, looking around, extracting more money and most exciting of all, feeding the fish.

The fish feeding is most unusual as all the fish are in their wild state (not in pools), and come all to a boat ramp type arrangement and eat bread out of people's hand. During the feeding, the types of fish are yellow eye mullet, milk fish, cat fish, bream and sting rays.

All the shopping done and chimneys fitted we left the Pearls at the caravan park trying to establish what was wrong with their "Bionic Gus Bus".

Andy and crew went via Bachelor Abbatiors and we met them later at the Douglas hot springs. On the way we checked out some rather large TERMITE SKYSCRAPERS before making our way to the springs camp ground. On arrival we found Andy's car parked under some trees and decided it would be a pleasant place to stop beside him. WRONG. On his trip to the meat works he had aquired two sets of the most obnoctios buffalo horns he could find. The aroma was so ripe, it almost returned our stomachs to South Aligator.

## CONT. . . KAKADU NAT. TRIP REPORT

We spent a pleasant afternoon in the bath temperature water of the swimming pool but the main pool was almost egg cooking temperature, so we decided to stay out as my eggs were warm enough without entering the boiling spring water.

We spent the night well up wind of Andy's vehicle and next morning spent repairing a flat tyre and adjusting brakes before we headed back towards Katherine.

At Katherine much was had, a little more shopping was done and we headed off towards Top Springs. Approximately 100 km down the road we said good bye to Andy and his family and his stinking horns. He was off to Lake Argyle and we headed on further to Top Springs. At Top Springs we found a pub and a fuel bowser, so we decide to patronize both. All tanked up we continue down further towards Lajamanu. On the way we found a river which contained water so we spent the evening there on it's sandy banks.

The next morning we made our way down past Wave Hill and then down to Lajamanu aboriginal committee where we found a shop, fuel, numerous maingy dogs and a lot of curious natives. We had a fuel up and I had a lengthy discussion with the local constable who was kind enough to show us the correct direction to head out of town.

We headed down towards the Tanami road which was reached without any drama. A few more Kilo's down the road and we pulled in at RABBIT FLAT. Much to the dismay of the owner, none of our party purchased the rather expensive fuel that was available. To make him happy we all bought an ice cream and a few sourenirs and proceeded towards Alice Springs. Enroute we stopped at the abandoned "Granites" mining settlement and had a look around at the dumped equipment. We found a roadside stop to stay the evening a little further down the road.

The next day we travelled down the Tanami road till we came to another scenic area known as Yuendumu aboriginal settlement. We asked here on directions to Palm Valley via a place called Papunya. A mud map was given and we were off. Early in the afternoon we arrived at what was thought to be the local tip but to our amazement found it to be the local Town of Papunya. We asked directions at the Cop Shop and made our way through the rubbish, past Huasts Bluff and down past Hermansburg Mission into Palm Valley. We spent the rest of the that day and early the next morning photographing the sights of the valley. It's well worth a visit if in the area. Later that day we made Alice Springs to find the "HENLEY ON TODD" in progress.

## CONT. . . KAKADU NAT. TRIP REPORT

We made some enquiries about the Gus Bus but he had not been through so we headed down the road to the big stone. The next day on the way to the stone we stopped at the Henbury meteorite craters and further down we spent the evening at Kings Canyon. We did the walk up the centre of the canyon and I had a dip in it's ice cold water before returning to camp.

The next morning we made our way around the "big stone". Boy has the area changed. They built a city near the stone and even a caravan park. We pitched camp and went to complete the walk up Aryes Rock (alias the big stone). Three of us made it to the top, Two made it half way and the rest watched. The next day we went to the Olga's and had a walk up the valley of the winds, had lunch and proceeded towards Coober Pedy. Enroute we spent the evening out in the sticks and next day made our way to the Opal city, now a real Tourist attraction. A few hours there and off we went out of town (well out of town) to find a place to sleep. We found a cosy little spot on the Woomera rocket range where we had a breezy night sleep. The next day we made it to Port Germein where we slept that evening.

The next day and last evening of the trip was a slob night. We slept in a motel (because of the rain) and ate out at the pub in Dimboola. The following day we made it home after a most enjoyable trip.

The Gus Bus had made it home without the repairs. All were happy and well.

Thanks to those who came along and made the trip what it was and to those wishing to partake in a similar trek do it "NOW" while you are still able.

Tom your faithful trip leader.

#####

# CLUB CALENDAR 1987

JANUARY	24-26	AUSTRALIA DAY LONG WEEK-END WOODS POINT AREA
FEBRUARY	4-8	2X4 WHEEL DRIVE SHOW
FEBRUARY	7	HELP NEEDED TO MOVE THE CLUBS PRINTING PRESS FROM NARRE WARREN TO BELGRAVE SEE MARK TEMPLETON
MARCH	?	TRAINING DAY FOR NEW MEMBERS GEMBROOK AREA MORE IN FEBRUARY'S MAGAZINE
APRIL	17-20	4 WD EXTRAVAGANZA PHILLIP ISLAND V.A.F.W.D.C.

#####

KIDS PAGE

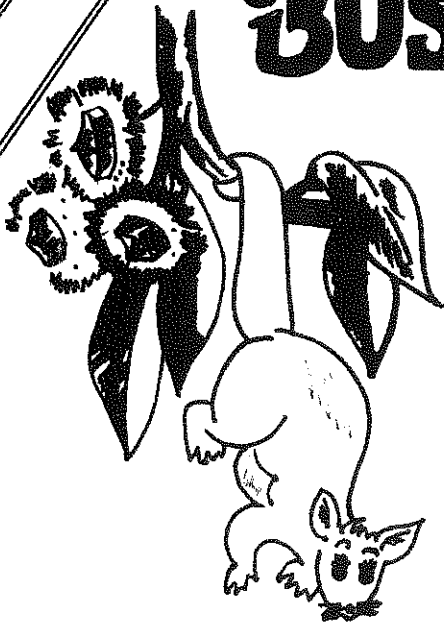
COLOUR THIS DRAWING USEING THE  
SYMBLES WITH THESE COLOURS:

#####	BLACK
SSSSSSSSSSSS	RED
@@@@@@@@@@@	YELLOW
:::::~::~	GREY
.....	WHITE
=====	GREEN
++++++~++	BROWN
vv vv vv vv vv vv vv vv vv vv	BLUE

OR YOU CAN USE YOUR OWN COLOURS  
IF YOU WISH

# BUSH.B.Q.

## THE BARBEQUE OF THE OUTBACK



simple  
highly efficient

strong

compact

open fire cooking

versatile

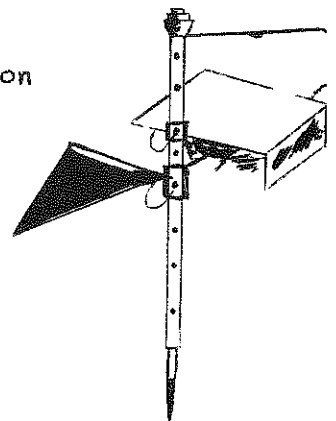
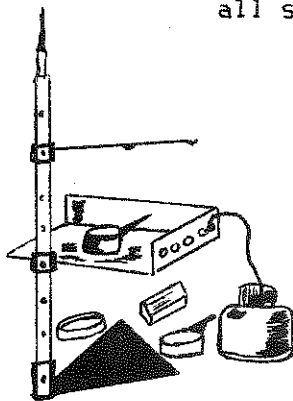
mesh grillen

fully engineered  
all steel construction

indoor/outdoor

gas conversion

REALISTICALLY PRICED



ENQUIRIES BUSH B.Q.  
9 CORONATION STREET  
MT WAVERLEY VIC 3149

TELEPHONE NUMBER

(03) 288 1200

